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Casicas Glenn Bathrooms estd. 2004

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FREE CHECKLIST

15 WAYS TO CREATE A SPA BATHROOM

A printable checklist showing practical upgrades that instantly make any small bathroom feel more luxurious.

1. HYDROTHERAPY & WATER EXPERIENCE UPGRADES

- ☐ **1. Rainfall Overhead Showerhead:** Upgrade to a large, ceiling- or arm-mounted drench showerhead for an immersive water flow.
- ☐ **2. Thermostatic Shower Mixer Valve:** Ensure precise temperature control and anti-scald protection for effortless, spa-like comfort.
- ☐ **3. Handheld Body Sprayer Add-On:** Install a flexible massage hand spray alongside your main shower head for versatile rinse options.

2. AMBIENCE & LAYERED LIGHTING

- ☐ **4. LED Backlit Demister Mirror:** Add soft perimeter halo lighting and touch-controlled anti-fog heating for a clean, boutique feel.
- ☐ **5. Dimmable Mood & Recessed Niche LED Strips:** Incorporate IP-rated warm LED strip lights inside shower niches and under vanity units for soothing evening bath time.
- ☐ **6. Natural Light & Frosted Privacy Glazing:** Maximize daytime light with clean, frameless glass or fluted privacy glazing.

3. THERMAL COMFORT & LUXURY HEATING

- ☐ **7. Electric Underfloor Heating System:** Eliminate cold floor tiles with programmable floor heating mats for year-round warmth underfoot.
- ☐ **8. Tall Heated Towel Ladder Rail:** Ensure warm, plush towels are always ready with a stylish vertical towel warmer.
- ☐ **9. Silent Inline Extraction Fan:** Replace noisy wall fans with a quiet inline ceiling fan to remove steam without background noise.

4. MATERIALS, MINIMALIST STORAGE & FINISHES

- ☐ **10. Recessed Shower & Bath Tile Niches:** Build flush wall cavities for shampoo and soap to eliminate plastic hanging caddies.
- ☐ **11. Wall-Hung Vanity Unit:** Keep floor space open and clutter hidden behind deep soft-close drawers.
- ☐ **12. Natural Organic Textures & Wood Elements:** Introduce warm timber or bamboo bath caddies, teak duckboards, and stone basin accents.

5. SENSORY DETAILS & AROMATHERAPY TOUCHES

- ☐ **13. Integrated Bluetooth Audio Speakers:** Install moisture-proof ceiling or mirror speakers for ambient music during relaxation.
- ☐ **14. Aromatherapy & Essential Oil Diffuser:** Utilize eucalyptus shower bundles, reed diffusers, or essential oil steam heads for subtle fragrance.
- ☐ **15. High-GSM Plush Towels & Uniform Bottles:** Replace mismatched toiletries with glass pump bottles and roll heavy-gauge cotton towels for a high-end resort finish.

Ready to transform your bathroom into a luxury spa retreat?

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